

The mission of the Kilgore Samaritan Counseling Center is to express the love and grace of God through the ministry of pastoral counseling, helping persons in the Louisville Metro area. The work of Kilgore is grounded in the conviction that dimensions of faith are integrated with other functions of mind, body and spirit.



Kilgore Samaritan
COUNSELING CENTER

Kilgore Samaritan
Counseling Center
918 Ormsby Lane
Lyndon, KY 40242
www.kilgorecounseling.com

St. Francis in the Fields
Episcopal Church
6710 Wolf Pen Branch Rd
Harrods Creek, KY 40027

Please call the Kilgore
Office at 502-327-4622 to
Schedule an appointment.

A ministry of Second
Presbyterian Church and
St. Francis in the Fields
Episcopal Church.

VISIONS

Newsletter of the Kilgore Samaritan Counseling Center Fall, 2010

Helping Our Neighbors

The Kilgore Samaritan Counseling Center's mission is to serve the emotional and mental needs of all persons and families, regardless of ability to pay. In its 20-plus year history, the Kilgore Center has never turned away a person needing help because of inability to pay our standard fees.



Should you or your family or loved ones need our services, your journey with the Kilgore Center would begin with a phone call to our front office to schedule an ap-

pointment (502-327-4622). Our receptionist would then initiate a brief consultation with the Executive or Clinical Director. You would be assigned a therapist that would best suit your individual needs.

The Kilgore Center specializes in several areas of mental health, including treating and healing families, working with adults (couples and individuals), marriage counseling, pastoral and biblical counseling, child and adolescent counseling, working with the elderly, as well as psychological testing, and consultation to local area nursing homes.

Since its founding, the Kilgore Center



has had in place the Samaritan Scholarship Fund, which uses funds received through the generous donation of churches, parishioners, and community to subsidize fees for those who lack capacity or insurance for the services needed.



Kilgore Samaritan Counseling Center



**Wayne Harper —
Executive
Director**

“...we are seeking a Psychologist or Social Worker to join our team in our mission of service to the community.”

Referral relationships with pastors and congregations.

Greetings to our Kilgore friends and supporters. It is hard to believe that we have been in our new location on Ormsby Lane for a year now. As you may recall, our lease across the street from the Second Presbyterian Church was set to expire at the end of 2009. To prepare for this, we conducted a Capital Campaign to raise the money needed to buy our own facility. And, thanks to a wonderful outpouring and generosity from the community, we are now firmly and comfortably in our newly renovated building. While we miss our old location, our new neighborhood is very serene and very conducive to therapeutic counseling.

This summer, as I arrived early each morning, I was able to enjoy the geese and ducks around the pond across the street. I could, also, watch our early-rising neighbors pick blackberries from the abundant bushes across the field that joins our yard. And if I took a quiet moment to stroll around the

yard, I could smell the honeysuckle, thick in the morning air. I even sat in the rocking chair out in the enclosed front porch a time or two and enjoyed my morning coffee. (The rocking chair had belonged to my grandmother – a woman of deep and devout faith. I believe she’s smiling and knows her rocker has found its new home.)

I hope you enjoy our Visions for Fall 2010. Please take note of the article by our Clinical Director, Jane Myers, LCSW. Jane has been with the Kilgore Center since 1995 and is our unofficial repository for the Center’s oral history and folklore.

Rev. Doug Slagle, now retired after many years as the Associate Pastor at 2nd Presbyterian, has contributed an article describing our Church Outreach Program. Doug has taken this project by the horns with his characteristic energy. He visits area churches to “spread the word” about what a Pastoral

resource the Kilgore Center is when a minister needs to refer a parishioner for counseling.

Finally, I’d like to extend an invitation to our colleagues in the counseling field. We are growing and expanding, and we need a Psychologist or Social Worker to join our team in our mission of service to the community. If any among the *Visions* readership knows of such a person, or if you are such a person, please call me at 502-327-4622, ext 12, or email me at waynejl@insightbb.com.



Clergy & Congregation Connection by Rev. Doug Slagle

On May 1, I began a new relationship with the Kilgore Samaritan Counseling Center. After serving on the Kilgore board as clergy representative from Second Presbyterian Church, I took on the role of representing the center with congregations and pastors of the area. Since that time I have worked to develop a relationship with pastors that will help to spread the word of Kilgore’s excellent counseling and care, leading to more referrals from

pastors.

Our strategy has been to contact pastors of churches in the eastern end of the metro area including Lyndon, Springhurst, Crestwood, Peewee Valley and LaGrange. This area has fewer counseling services than in other parts of the community. I contact the ministers and invite them to an informational luncheon and PowerPoint presentation. They have the opportunity to meet director Wayne Harper

and other staff members.

Board member Evie Edinger has graciously prepared a wonderful light lunch and we have had good fellowship and conversation in addition to information sharing.



One Counselor's Story by Jane Myers, L.C.S.W., M.S.S.W., M.Div.

Fifteen years ago I started at Kilgore Samaritan Counseling Center. After receiving an initial call from John Edgar, who served as Executive Director of the Center at that time, I made two calls of my own. My first was to an old friend, a minister and pastoral counselor. I wanted to know if the Center was viable. I learned the story of Betty Kilgore Gibbs' vision and how it led to the founding of our Kilgore Samaritan Counseling Center, but I am still a bit hesitant about putting my family's security on the line. The second call that I made was to my pastor. I was having a little trouble understanding how God could call me to work in East End Louisville, a population I thought was doing quite well and probably did not need me. Obviously, both calls were affirming of the Center and God's call and, 15 years later, I have never regretted my decision.

Kilgore was a bit different when I started. John and I were the only fulltime staff and our offices were located behind the chapel at Second Presbyterian. We had a number of

part-time therapists and space was tight. Eventually, Second Presbyterian Church outgrew every inch of space in the building and our office was moved to "The Stonehouse," across Brownsboro Road. We were very excited to have so much space, but we quickly grew to fill it with therapists. During our 10 years in that building we underwent many



changes as an organization. We had to learn to work effectively with insurance companies and to use our Samaritan Fund resources to meet the ever-growing demand of those folks who needed counseling and were unable to pay full rates. As our lease on Brownsboro Road drew close to expiration, our current Executive Director, Wayne Harper, began talking

about the possibility of having our own building. Our own building! What a dream! Thanks to a hard-working Board of Directors and significant community support, the dream did become a reality, and we are now enjoying our Ormsby Lane facility.

We continue to see people from all over Jefferson County and several surrounding counties. We still have space to grow, but I am sure that will change in the future. We continue to maintain a strong pastoral identity, and, thanks to generous donations to our Samaritan Scholarship Fund, we are able to assist many individuals and families who otherwise would be unable to obtain counseling services. Regarding my two concerns of fifteen years ago, yes, Kilgore is a strong viable organization because of the people who support the Center and yes, God has called me here for a reason and I am in the right place to serve. I look forward to the continued growth of the center and services it will provide over the next fifteen years!

Thus far we have established new official referral relationships with six pastors and congregations and have at least four more that are in the development stage. I try to visit with the pastors in person and share initial information. Then we gather for the lunch and presentation.

The response has been encouraging as pastors have expressed the need for a place with a reputation and history for providing good care and offering clients the help they need. The satisfaction surveys from clients tell us that Kilgore Samaritan Counseling Center is just the kind of center pastors are seeking.

The Samaritan Institute Mind Body Spirit Community

Mission

The Samaritan Institute's mission is to help affiliated Centers provide team-oriented, cost-efficient counseling, education, and consultation which emphasize the interrelatedness of mind, body, spirit, and community.

Samaritan History

The Samaritan program began in Elkhart, Indiana in 1972 when a physician, two parish pastors, and a seminary professor observed that

by working together, ministers, therapists, and physicians were very effective in helping people with stress-related problems. This team approach became the foundation of the Samaritan program. Samaritan counselors believe that there is a close relationship of mind, body, spirit, and community, and that optimal health care involves consideration of all four.

Today, the Samaritan program is one of the largest

providers of professional counseling. There are 481 Samaritan Center offices in 389 cities in the United States and Japan. This growth has been in direct response to the needs of congregations and communities as they realize the emotional and physical costs of stress. It is also a tribute to the thousands of people who have realized the importance of having a local Center and who have made the Center a reality through faith and hard work.

VISIONS



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The 2010 Garden Tour, our most successful ever, was a fun and enjoyable event for all those who attended. There were delightful gardens and beautiful homes to visit, while ticket sales supported the counseling services provided by the Kilgore Samaritan Counseling Center. Our thanks go to these wonderful sponsoring organizations:

SAVE THE DATE: May 21st & May 22nd

- **Bowling Nursery**
- Blue Grass MOTORSPORT
- Stites & Harbison
- Publishers Printing Company
- Sophisticated Living Magazine
- The Curtain Exchange
- Bahe, Cook, Cantley & Jones, PLC

- Bob Ray Company, Inc.
- Nugent Sand Company
- Commonwealth Bank & Trust
- The Cupcake Shoppe
- The Heuser Clinic

Now the plans for the exciting 2011 Garden Tour are being developed, so mark your calendars for Saturday, May 21st from 10 AM to 5 PM, and Sunday, May 22nd from 10 AM to 5 PM.